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| Food: | Canned Spaghetti Bolognese |

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| Suggested Brands | Size / Weight (g) | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price  (£0.00) |
| Sainsbury's Vegetarian Spaghetti Bolognese | 400 | 264.0 | 0.8 | 39.6 | 0.55 |
| Branston Spaghetti Bolognese | 395 | 272.6 | 1.6 | 40.7 | 1.00 |
| Tesco Everyday Value Spaghetti Bolognese | 400 | 276.4 | 2.1 | 44.8 | 0.38 |
| ASDA Spaghetti Bolognese in Tomato Sauce | 395 | 284.4 | 3.2 | 32.8 | 0.55 |
| Morrisons Spaghetti Bolognese | 395 | 288.4 | 2.4 | 39.1 | 0.64 |
| Sainsbury's Spaghetti Bolognese | 400 | 300.0 | 1.6 | 43.2 | 0.55 |
| Heinz Spaghetti Bolognese | 400 | 320.0 | 0.8 | 53.6 | 1.00 |
| Tesco Spaghetti Bolognese | 400 | 340.8 | 5.9 | 34.4 | 0.55 |
| Sainsbury's Spaghetti Bolognese, Basics | 400 | 448.0 | 3.2 | 63.2 | 1.00 |

* Values Shown Per Full Can

Supermarkets Tested

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| ASDA | Tesco | Morrisons | Sainsburys | Waitrose | Able & Cole | ICELAND |
| YES | YES | YES | YES | YES | YES | YES |

*N/A Indicates Either Nutrition Information Not Available on the Company’s Website or the Company Doesn’t Supply This Brand*